

FOOD

SERVED FROM 12-3PM | 5-10PM

BAGELS & FLATBREADS

SUN-BLUSHED TOMATO & BLACK OLIVE

TAPENADE BAGEL £4.50

Topped with sweet herbs V | VG

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SMOKED SALMON & FRESH HERB CREAM

CHEESE BAGEL £7

Topped with chives

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ROSE HARISSA & POMEGRANATE

FLATBREAD £5.50

Rose harissa & coconut yoghurt topped with pomegranate, coriander & poppy seeds, drizzled with tahini V | VG

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AVOCADO & PAPRIKA FLATBREAD £8

Smashed avocado topped with fresh rocket & poppy seeds, drizzled with paprika oil V | VG

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PARMA HAM & GOATS CHEESE

FLATBREAD £9

Warm goats cheese topped with parma ham & rocket, drizzled with a balsamic glaze

LOADED

LOADED NACHOS £8.50

Tortilla chips loaded with cheese, guacamole, sour cream, pico de Gallo & jalapeños

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LOADED HOTDOG £5

(Veggie & Vegan hotdogs also available)

In a bun loaded with onions and sauerkraut

BOWL FOOD

PEA & MINT SOUP £4.95

Traditional pea & mint soup with crème fraîche & chilli flakes served with Mediterranean flatbread V

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SUPER SALAD £6

Avocado, beetroot, quinoa, walnuts & rocket, drizzled with a balsamic glaze V | VG

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SMOKED SALMON & GREEN BEAN

POTATO SALAD £7.50

Crisp mixed leaves tossed with a dill potato salad, topped with capers, green beans & smoked salmon

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WEST AFRICAN CURRY £8.50

Chickpea & peanut curry served with white rice VG

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MUSHROOM RAGOUT £8.50

Served with Mediterranean flatbread V | Vg

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COURGETTI £8

Fresh courgette noodles served with green pesto & pecorino cheese shavings

ALLERGAN INFO

V - Vegetarian | VG - Vegan | WF - Wheat free

PLEASE TELL YOUR SERVER IF YOU HAVE